



The Hawaii Gas Presents Localicious® Recipe Contest is a fun cooking competition where students compete by submitting an original recipe using a locally-grown, raised or caught product, bonus points for using fresh Dole pineapple fruit! A panel of judges review the recipes and select the top three (3) recipes from two grade categories: Grades 4-8 and 9-12. The six (6) finalists will be invited to cook live in front of three celebrity chef judges and Adam Richman at HMAA Presents Keiki in the Kitchen® on Sunday, October 24, 2021.

Recipe Submissions can be:

- Emailed to: <u>contest@hawaiifoodandwinefestival.com</u> by September 30, 2021 by 11:59 PM HST.
- Mailed to (must be received by September 30, 2021):
 Hawaii Food & Wine Festival
 Localicious Recipe Contest
 3538 Waialae Ave. #202
 Honolulu, HI 96816

Contestant's First Name: Last Name:

Contestant's Grade Level (at time of entry):

Name of School (if home schooled, indicate as so):

Please fill in the following information, all required:

Which island do you live on?

Parent or Legal Guardian's First and Last Name:
Parent or Legal Guardian's Contact Phone Number:
Parent or Legal Guardian's Email:
Name of your dish:
Brief description of your dish and tell us your inspiration:
List your ingredients and quantities (must include at least one locally grown, caught or raised ingredient, maximum 10 ingredients):

List your step by step preparation and cooking instructions (include cooking time, maximum 10 steps):
How did you hear about this contest? If it was from a teacher, please provide teacher's name:

PLEASE MAKE SURE TO INCLUDE A PHOTO OF YOUR DISH